

You Gotta Pray



Choreographed by Ryan Hunt (March 2026)

Choreographed to 'Pray' by Scott Hoying (3:25)

Phrased Advanced, 80 counts, 2 walls

Intro: 16 counts (after 12 seconds on lyrics "good news")

Sequence: AA BB CC AA BB C A Tag BB CCC

Part A – 32 Counts

Only danced facing 12:00

Side, Kick Across, Side, Weave Behind 1/4, V-Step, Run Back x3	
1-2-3	Step L to L (1), Kick R across L into L diagonal (2), Step R to R and slightly back (3)
4&	Cross L Behind R (4), Make 1/4 R stepping R forward (&) [3:00]
5-6	Step forward and out on L (5), Step forward and out on R (6)
7&8	Run Back L (7), R (&), L (8)

Rock Back, Recover, & 1/4 Touch Behind, Unwind 1/2, Cross, Diagonal Back w/ Heel Drag, Ball Cross	
1-2	Rock R back (1), Recover L (2)
&3-4	Make 1/4 L stepping R to R (&) [12:00], Touch L behind R (3), Unwind 1/2 L taking weight onto L (4) [6:00]
5-6-7	Cross R over L (5), Take a big step back on L towards L diagonal as you drag R heel (6-7) [7:30]
&8	Quickly close R next to L (&), Cross L over R (8)

Diagonal Rock Forward, Recover, Back Touch x2, Walks w/ R Hand Snap, 1/4 C-Bump into Sit	
1-2	Rock R forward into diagonal (1), Recover on L (2)
&3&4	Step R back (&), Touch L in place (3), Step L back (&), Touch R in place (4)
5-6	Walk forward R as you snap R hand up and down to R side (5), Walk forward L (6)
7&8	Make 1/4 L as you hitch/bump R (7) [4:30], Recover L (&), Bump R down as you sit into R hip (8)

3-Step Roll 1+1/4, Mambo w/ Sweep, Back Sweep, Behind 1/8 Cross	
1-2	Make 1/4 L stepping L forward (1) [1:30], Make 1/2 L stepping R back (2) [7:30]
3-4&	Make 1/2 L stepping L forward (3) [1:30], Rock R forward (4), Recover L (&)
5-6	Step R back as you sweep L from front to back (5), Step L back as you sweep R from front to back (6)
7&8	Cross R behind L (7), Make 1/8 L stepping L to L side (&) [12:00], Cross R over L (8)

Part B – 16 Counts

Clock references apply from 12:00 but also danced facing 6:00

Side Rock, Recover, Behind Side Cross, Stomp, Pray Pattern w/ Bow, 1/4 Flick	
1-2	Rock L to L (1), Recover R (2)
3&4	Cross L behind R (3), Step R to R (&), Cross L over R (4)
5	Stomp R to R (5)
6&7	Bring hands together into prayer position up to R side (6), Rotate body L switching prayer hands to L side (&), Bow down dropping prayer hands to waist level as you look down (7)
8	Close L next to R making 1/4 L as you flick R back (8) [9:00]

Walk forward x2, Rocking Chair, Step 1/2 Pivot, Triple 3/4 w/ Cross	
1-2	Walk forward R (1), Walk forward L (2)
3&4&	Rock R forward (3), Recover L (&), Rock R back (4), Recover L (&)
5-6	Step R forward (5), Pivot 1/2 L (6) [3:00]
7&8	Make 1/2 L stepping R back (7) [9:00], Make 1/4 L stepping L to L (&) [6:00], Cross R over L (8)

Part C – 16 Counts**Only danced facing 12:00**

Basic Lindy Hop x2	
1&2	Step L to L (1), Close R next to L (&), Step L to L (2)
3-4	Cross Rock R behind L (3), Recover L (4)
5&6	Step R to R (5), Close L next to R (&), Step R to R (6)
7-8	Cross Rock L behind R (7), Recover R (8)

Walk Forward x3 with Hallelujah Arm Raise, Rock Forward, Recover, Walk Back x2, Coaster Cross	
1-2-3	Walk forward L (1), R (2), L (3) – <i>Note: As you walk forward slowly raise both hands up with palms facing up</i>
4&	Rock R forward (4), Recover L (&)
5-6	Walk back R (5), L (6)
7&8	Step R back (7), Close L next to R (&), Cross R over L (8)

Tag – 16 Counts**Only danced facing 12:00**

Prep w/ Point, Rolling Turn, Prep w/ Point, Rolling Turn w/ Sweep, Weave w/ Sweep, Behind 1/8 Spiral	
1-2&	Step L to as you prep upper body L and point R toes to R (1), Make 1/4 R stepping R forward (2) [3:00], Make 1/2 R stepping L back (&) [9:00]
3-4&	Make 1/4 R as you step R to as you prep upper body R and point L toes to L (3) [12:00], Make 1/4 L stepping L forward (4) [9:00], Make 1/2 L stepping R back (&) [3:00]
5	Make 1/4 L stepping L to L side as you sweep R forward (5) [12:00]
6&7	Cross R over L (6), Step L to L (&), Cross R behind L as you sweep L from front to back (7)
8&1	Cross L behind R (8), Step R to R (&), Make 1/8 R as you step L forward and spiral full turn over R shoulder (1) [1:30]

Run Forward x3 w/ Sweep, Cross Back 1/8, Sways x2 w/ Flick Behind, Rolling Turn w/ Cross	
2&3	Run Forward R (2), L (&), R as you sweep L from back to front (3)
4&	Cross L over R (4), Make 1/8 L stepping R back (&) [12:00]
5-6&	Step/Sway L to L (5), Recover/Sway R to R (6), Flick L behind R (&)
7&8&	Make 1/4 L stepping L forward (7) [9:00], Make 1/2 L stepping R back (&) [3:00], Make 1/4 L stepping L to L (8) [12:00], Cross R over L (&)

Ending – At the end of the final C (count 16), touch R thumb and middle finger together to make the “okay!” gesture with R hand; on the lyrics “gonna be okay!”.